

The Pound and Pint

NEWSLETTER

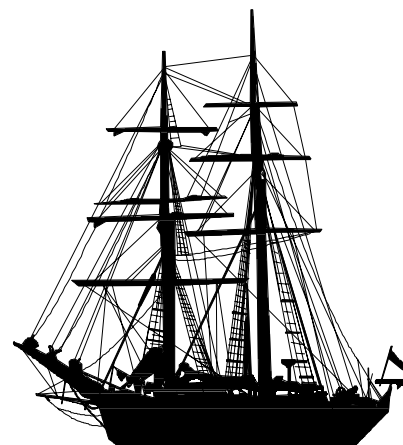
SPRING 2005

The sea! the sea! the open sea!
The blue, the fresh, the ever free!
Without a mark, without a bound,
It runneth the earth's wide region round.

Bryan W. Proctor

COLONIAL NAVY OF MASSACHUSETTS

POST OFFICE BOX 1775 - FALL RIVER, MASSACHUSETTS 02722



Visit us on the Internet at www.cnm1775.org
Send submissions to poundandpint@hotmail.com

Commodore's Log

The fleet is ready to launch again, for its 38th season at sea. Despite the decks being worn, the mainsails tattered and the crew getting closer to Neptune every day, we are continually driven forward into the tempest, by the good times, good fellowship, and the tie that binds, "The Grog Wagon".

Starting the New Year, our called out list of Gigs is light and adequately spread out, so not to disrupt too many of those summer weekends. With that being said, I would encourage all hands, to give it their best effort to make these Gigs so that the Fleet can continue to proudly carry on the tradition and crowd appeal, that the CNM has always been famous for.

We are in the planning stage of a family get together day this summer. The location, menu, and theme will be worked out at our Staff meetings during the next few months. Any ideas from the Fleet will certainly be appreciated.

As always, let's keep up the legacy of the CNM, and have a great summer season with good times and good friends!

M. J. Godek
Commodore, CNM

From the Grog Master's recipe files

Medicinal Rum Punch (guaranteed to cure all ills, temporarily)

Though the cold winter the Grog Master labored to find just the right healing drink to treat his aches and pains. The best of the bunch was Rum-Punch.

Ingredients:

1 cup of rum (this is the good part) 2 cups of boiling water

¼ cup of brandy (also a good part) 1 lemon (remember it's medicine)

2 tablespoons of sugar (or more, to taste) 1 sugar lump (yes in addition to the 2 tablespoons)

Now let's get started. Rub the lemon with the sugar lump (it makes the lemon feel better). Peel the zest and squeeze the juice from the lemon (zest is like the skin).

Warm the lemon zest, brandy, rum, and all the sugar in a saucepan. Remove from heat, carefully set the mixture aflame and let it burn for 2 minutes, then cover tightly to extinguish the flames (I said carefully, it's real hard to get the burn marks off the kitchen counter while your wife is yelling at you).

Pour in the lemon juice into the boiling water and stir well. Cover and let stand 5 to 10 minutes.

Serve hot, adding more sugar if necessary. It is sufficient to cure 4 moderately sick seamen.

Next time how about home made Bitters?



Lucky Seven by Bill Silveira Hint: The circled squares contain more than one letter.

ACROSS

- 1. Whip
- 5. Adds spice
- 10. Sailor
- 14. Collection
- 15. Military "R"
- 16. Corporate symbol
- 17. Hat material
- 18. Talons
- 19. "Sad to say"
- 20. Bell's ringer?
- 22. Ledger item
- 23. Southsea necklace
- 24. Aitutaki Atoll, for one
- 26. Fingers
- 29. Also
- 31. Sailor
- 32. Strange
- 35. Part of speech
- 37. Wildebeest
- 39. Foolish know-it-all
- 41. 12 Down source
- 43. Equip with weapons
- 45. Colonial patriot Allen

- 46. Shooting star
- 48. Hound
- 50. Rest stop sight
- 51. Like a fox
- 52. "___ for the course"
- 54. Noisy disturbance
- 56. Dodge truck
- 57. Honored
- 59. Beam
- 61. Spiritualist's meetings
- 64. Shamer
- 69. Bellow
- 70. Type of spoonbill
- 71. Ceremony
- 72. First Lady of Song
- 73. Small picture
- 74. Ill feeling
- 75. Child's toy

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21						22				
			23			24		25						
26	27	28		29		30		31			32	33	34	
35			36		37		38		39		40			
41				42		43		44		45				
46				47		48		49		50				
51				52		53		54		55		56		
			57			58		59		60				
61	62	63				64		65			66	67	68	
69					70					71				
72					73					74				
75					76					77				

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DOWN

- 1. Artist's digs, perhaps
- 2. Away from windward
- 3. Window ledge
- 4. Inn
- 5. Looking
- 6. Go it alone
- 7. Middle Eastern resident
- 8. Latest
- 9. Distress signal
- 10. Caulk, e.g.
- 11. Shed skin, as a snake
- 12. 41 Across derivative

- 13. Meddlesome
- 21. Common legume
- 22. A la King
- 25. Statute
- 26. Tailor's measurements
- 27. Wooden peg
- 28. Fat-like
- 30. Genetic material
- 32. Earthy pigment
- 33. Movie genre
- 34. Jeans' material
- 36. "Formerly known as"
- 38. Final resting place, for some
- 40. Chairs
- 42. Drugs
- 44. Blemish
- 47. Large rodent

- 49. Commodore medallions
- 53. Fixed anew
- 55. Armed conflict
- 57. Wild
- 58. Ailment
- 60. Stories
- 61. Scorched
- 62. ___ contendere
- 63. Summon
- 65. Plant stalk
- 66. Italian goodbye
- 67. Needle case
- 68. Close again
- 70. Divest



The Bitter End



By Bill Silveira

Email: poundandpint@hotmail.com

Here it is May already and I predicted this issue would come out in May. Will wonders never cease? Actually, I have a confession to make. Back in January, at the monthly meeting while the Field Music report was being given, I was thinking of what to say when the Commodore called "Pound and Pint". At the time I was thinking that I could get the next issue out in *March*. I guess my subconscious mind thought "*Hey, there is no way you're gonna get it out in March, better say some later month.*" and I involuntarily replied May. Although I'm not really sure whether I said May or March, I went along with it when the clerk said I'd have it out in May. I'll never argue against an opportunity to procrastinate.

This is the time of year when I start to think about marching again and I wonder if I'll fit in my pants. I've noticed them getting a little bit tighter each year. If we had more of a selection in the supplies area I wouldn't be too concerned. But white pants (britches?) are always in short supply. Maybe if I lower the waistband under my gut I can get a few more years out of them. But if I do that I'll have to raise the leg hems each year. It wouldn't be too long before my pants became white shorts. Maybe the exercise of marching will remedy this problem.

I must say that I was very pleased with the response to my first CNM crossword puzzle "A Sailor's Life". I had many verbal compliments, one phone call, and one email, all expressing appreciation for my efforts. Thank you all. Your enjoyment of my puzzle made it worth the time and energy devoted to creating it.

This issue's puzzle, "Lucky Seven", is a slight departure from humor into a kind of puzzle known as a rebus. In a rebus puzzle some squares contain multiple letters or even a symbol. For example, if the theme was to have the letters "eye", or a drawing of an eye, in a single box, then the answer "keyed" would be a three letter word with a "k" in the

first box, the three letters "eye", or a drawing of an eye, in the second box, and the "d" in the third. Of course, there would also be a crossing word, such as "preyed" with the same three letters in one square. The rebus letter combination is usually consistent throughout the whole puzzle.

Once again I have included the solution so you can check your answers or seek assistance. As usual, I urge you to avoid looking until you finish the puzzle. There is something satisfying about completing a puzzle without consulting the answer key...at least to me. Enjoy!

L	I	O	S		S	M	E	E	D		L	T	O	D
SEA	U	A	N		T	S	E	N	I		A	L	L	E
E	E	R	I		E	T	SEA	R	O		R	A	R	O
R	E	R	A		C	R	A	G	R		S	D	I	SEA
			Y		A	R	A	D	E		F	E	T	
M	A	R	A		W	O	R	A	R		P	A	P	S
I	M	E	S		G	A	N	A	R		O	R	E	M
N	A	N	H		T	E	M	A	R		A	D	E	SEA
E	R	C	SEA		I	W	U	N	G		N	U	N	
D	D	O	D		R	A	T	A	N		A	S	D	I
			T		E	S	L	E	I		L	E		
Y	R	T	R		E	N	E	N	O		H	P	E	T
S	A	L	A		S	W	A	C	L		A	T	F	E
O	G	L	O		G	O	M	O	R		O	L	I	O
N	A	M	SEA		S	O	N	S	SEA		H	S	V	L

Lucky Seven